

DAY 7: Living a Life of Scriptural Prayer

Scripture: Final Reflection & Graduation

Look back through every scripture, template, and note we've taken this past week. Take a second to notice what was entirely absent from the Apostle Paul's vocabulary: he spent virtually zero time praying for a shortcut, an easier life, or a change in his physical comfort. Instead, he used his breath to pray that we would be transformed into the image of Jesus Christ.

This isn't the end of a study for us—it's just the launchpad as we continue learning how to cultivate a redefined prayer life every single day.

Fill-in-the-Blank Prayer Template:

“Lord God, as I complete this study, I commit to trading prayers for mere comfort for prayers of true transformation. Moving forward, I specifically commit to practicing the Day _____ (insert your favorite day number: e.g., 2, 3, 4, 5, or 6) prayer over my life daily. When I am tempted to worry about _____ (insert your biggest recurring stressor), remind me to pray Scripture instead of my anxieties. Teach me to walk worthy, bear fruit, and know You more deeply every single day. In Jesus' name, Amen.”