



FROM BONDAGE TO BONDING

A six-month Readers Group for Women

Journey Begins April 1-October 17

"And ye shall know the truth, and the truth shall make you free."

- John 8:32

APRIL • Chapters 1 & 2

Begin the journey by looking honestly at where you are and where God wants to lead you.

REFLECT: What is God inviting me to recognize, release, or begin?

NOTES

MAY • Chapters 3 & 4

Explore the things that can hold us back and bring them honestly before God.

REFLECT: What am I learning about what has influenced my relationships and walk with God?

NOTES

JUNE • Chapters 5 & 6

Consider what it means to move forward in freedom and learn new ways of responding.

REFLECT: Where do I need to choose freedom instead of returning to old patterns?

NOTES

JULY • Chapters 7 & 8

Discover how truth, grace, trust, and healthy connection shape our relationships.

REFLECT: How can I cultivate healthier, more Christ-centered relationships?

NOTES

AUGUST • Chapters 9 - 12

Continue growing as God teaches us to love, communicate, trust, and establish healthy boundaries.

REFLECT: What relationship is God asking me to approach differently?

NOTES

GOOGLE MEET 8/28

SEPTEMBER • Chapters 13-15

Finish the reading portion by reflecting on freedom, growth, and healthier bonding.

REFLECT: What truth from the book do I most want to carry forward?

NOTES

GOOGLE MEET 9/25

OCTOBER • Chapters 16-18

GOOGLE MEET 10/16

REFLECT & CELEBRATE Use these final weeks to revisit your notes, reflect on what God has shown you, and prepare for your final group discussion.

FINAL REFLECTION: What has changed in the way I see myself, God, and my relationships?

NOTES:

OUR MONTHLY 'READERS GROUP' RHYTHM

READ Take your time.	REFLECT Write what speaks to you.	PRAY Ask God to lead you.	SHARE Encourage one another.	GROW Put truth into practice.
--------------------------------	---	-------------------------------------	--	---

OUR REMINDER We are not reading simply to gain information. We are reading with open hearts, asking God to transform us.

From bondage -> to freedom -> to healthy, Christ-centered bonding.

